

Officer safety through continued education and training!



The VALOR Digital Dispatch provides officer safety and wellness-related articles, resources, upcoming VALOR trainings, and research studies to all registered VALOR Web Portal members. Share this email with others in the law enforcement community. Previous issues of the Digital Dispatch are also available on www.valorforblue.org.

Access to articles and training resources may require logging in to your VALOR account. Law enforcement officers may sign up for a [VALOR account](#).



The Bureau of Justice Assistance (BJA) VALOR Program is highlighting the Spotlight on Safety series [Casualty Care: Are You Prepared For a Mass Casualty Incident?](#) This series promotes preparedness to save lives in critical incidents.

Preparedness

[It Happened Here! It Happened to Me!](#)

On December 2, 2015, Lieutenant Mike Madden started his shift with the usual routines and meetings. Things changed in an instant at 10:58 a.m. Read his personal experience as the first officer on scene at the Inland Regional Center active shooter attack in San Bernardino, California. How did decisions he made before starting his shift affect his safety? It happened to him, and it can happen to you. Are you prepared? [Read the article.](#)

MISSION ESSENTIAL Continue Your Education



Your continued professional development and training are critical to your safety and well-being, as well as that of your fellow officers and the community you serve. You may want to further research and explore the following topics.

First Responder

[First Responder Guide for Improving Survivability in Improvised Explosive Device \(IED\) and/or Active Shooter Incidents](#)

The recommendations presented in this document—early, aggressive hemorrhage control; use of body armor and a more integrated response; and greater first responder interoperability—will help to save lives by mitigating first-responder risk and by improving the emergent and immediate medical management of casualties encountered during IED and/or active shooter incidents. [Read the article.](#)

Active Shooter

[Aurora, Colorado, Century 16 Theater Shooting: After-Action Report for the City of Aurora](#)

This redacted after-action report details the events of the Aurora Century 16 Theater shooting and provides an analysis of emergency response successes. [Read the article.](#)

SPOTLIGHT ON SAFETY Featured Posters



Death
can occur within
2 minutes
from major blood loss.

Tourniquets
save lives...
but only if you have them
and know how to use them.

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The project was supported by Grant No. 2016-01-0001 awarded by the Bureau of Crime Reduction. The Bureau of Crime Reduction is a component of the U.S. Department of Justice, Office of Justice Programs, which also provides the Bureau of Crime Reduction. The following information is for informational purposes only and does not constitute an offer of insurance or any other financial product. For more information, please contact your insurance agent.

LIFE →

← **LIFE-SAVER**

**GET TRAINED.
GET EQUIPPED.**

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**THESE LAW ENFORCEMENT SHIFTS
STARTED OUT NORMALLY...**

- Joplin, Missouri**
Tornado—151 killed, 1,100 injured
- Orlando, Florida**
Night club shooting—49 killed, 53 injured
- Newtown, Connecticut**
School shooting—27 killed, 1 injured
- Boston, Massachusetts**
Marathon bombing—3 killed, 264 injured
- Las Vegas, Nevada**
Concert shooting—58 killed, 469 injured

**GET TRAINED
GET EQUIPPED
BE PREPARED
TO OFFER
LIFESAVING
SKILLS**

**THINGS CAN
CHANGE
IN AN INSTANT.**

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REGISTER FOR Training



Executive Leadership Workshop: Creating an Organizational Culture of Safety and Wellness

- [Bel Air, Maryland—February 5, 2019](#)

NEW ON valorforblue.org



[Bullet-Resistant Vest Series—Fit, Care, Wear, Prepare](#)

[Episode 3—Care and Wear](#)

In this episode, the safety squad reviews the proper care of a bullet-resistant vest and when to replace it. Take care of the equipment that takes care of you.

Have You Seen This?



[Warning Lights](#)

Don't ignore your warning lights, even the small ones. [Watch now.](#)



[Statesman. Scholar. Protector.](#)

Honor your oath! [Watch now.](#)

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