

Officer safety through continued education and training!



The VALOR Digital Dispatch provides officer safety and wellness-related articles, resources, upcoming VALOR trainings, and research studies to all registered VALOR Web Portal members. Share this email with others in the law enforcement community. Previous issues of the Digital Dispatch are also available on www.valorforblue.org.

Access to articles and training resources may require logging in to your VALOR account. Law enforcement officers may sign up for a [VALOR account](#).



The Bureau of Justice Assistance (BJA) VALOR Program is highlighting the Spotlight on Safety series [Casualty Care: Are You Prepared For a Mass Casualty Incident?](#) This series promotes preparedness to save lives in critical incidents.

Preparedness

[It Happened Here! It Happened to Me!](#)

On December 2, 2015, Lieutenant Mike Madden started his shift with the usual routines and meetings. Things changed in an instant at 10:58 a.m. Read his personal experience as the first officer on scene at the Inland Regional Center active shooter attack in San Bernardino, California. How did decisions he made before starting his shift affect his safety? It happened to him, and it can happen to you. Are you prepared? [Read the article.](#)

MISSION ESSENTIAL Continue Your Education



Your continued professional development and training are critical to your safety and well-being, as well as that of your fellow officers and the community you serve. You may want to further research and explore the following topics.

First Responder

[First Responder Guide for Improving Survivability in Improvised Explosive Device \(IED\) and/or Active Shooter Incidents](#)

The recommendations presented in this document—early, aggressive hemorrhage control; use of body armor and a more integrated response; and greater first responder interoperability—will help to save lives by mitigating first-responder risk and by improving the emergent and immediate medical management of casualties encountered during IED and/or active shooter incidents. [Read the article.](#)

Active Shooter

[Aurora, Colorado, Century 16 Theater Shooting: After-Action Report for the City of Aurora](#)

This redacted after-action report details the events of the Aurora Century 16 Theater shooting and provides an analysis of emergency response successes. [Read the article.](#)

SPOTLIGHT ON SAFETY Featured Posters



Death
can occur within
2 minutes
from major blood loss.

Tourniquets
save lives...
but only if you have them
and know how to use them.

www.valorforblue.org

The project was supported by Grant No. 2016-01-001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice. While all content herein is the property of the Bureau of Justice Assistance, the following information is being provided for your information. The project was supported by Grant No. 2016-01-001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice. While all content herein is the property of the Bureau of Justice Assistance, the following information is being provided for your information.

LIFE →

← **LIFE-SAVER**

**GET TRAINED.
GET EQUIPPED.**

www.valorforblue.org

The project was supported by Grant No. 2016-01-001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice. While all content herein is the property of the Bureau of Justice Assistance, the following information is being provided for your information. The project was supported by Grant No. 2016-01-001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice. While all content herein is the property of the Bureau of Justice Assistance, the following information is being provided for your information.

www.valorforblue.org

**THESE LAW ENFORCEMENT SHIFTS
STARTED OUT NORMALLY...**

- Joplin, Missouri**
Tornado—151 killed, 1,100 injured
- Orlando, Florida**
Night club shooting—49 killed, 53 injured
- Newtown, Connecticut**
School shooting—27 killed, 1 injured
- Boston, Massachusetts**
Marathon bombing—3 killed, 264 injured
- Las Vegas, Nevada**
Concert shooting—58 killed, 469 injured

**GET TRAINED
GET EQUIPPED
BE PREPARED
TO OFFER
LIFESAVING
SKILLS**

**THINGS CAN
CHANGE
IN AN INSTANT.**

The project was supported by Grant No. 2016-01-001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice. While all content herein is the property of the Bureau of Justice Assistance, the following information is being provided for your information. The project was supported by Grant No. 2016-01-001 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice. While all content herein is the property of the Bureau of Justice Assistance, the following information is being provided for your information.

REGISTER FOR Training



Executive Leadership Workshop: Creating an Organizational Culture of Safety and Wellness

- [Bel Air, Maryland—February 5, 2019](#)

NEW ON valorforblue.org



[Bullet-Resistant Vest Series—Fit, Care, Wear, Prepare](#)

[Episode 3—Care and Wear](#)

In this episode, the safety squad reviews the proper care of a bullet-resistant vest and when to replace it. Take care of the equipment that takes care of you.

Have You Seen This?



[Warning Lights](#)

Don't ignore your warning lights, even the small ones. [Watch now.](#)



[Statesman. Scholar. Protector.](#)

Honor your oath! [Watch now.](#)

for the purpose of helping law enforcement personnel understand safety and wellness issues. It is not a U.S. Department of Justice publication. Opinions or points of view expressed are those of the author(s) and do not necessarily reflect the official position or policies of nor should be seen as an endorsement by the U.S. Department of Justice.



If you have any questions regarding the VALOR Program, please contact the help desk at <https://www.valorforblue.org/Contact>. Unauthorized reproduction or redistribution of the VALOR Digital Dispatch is strictly prohibited.

This project was supported by Grant No. 2016-VI-BX-K003 awarded by the Bureau of Justice Assistance. The Bureau of Justice Assistance is a component of the U.S. Department of Justice's Office of Justice Programs, which also includes the Bureau of Justice Statistics, the National Institute of Justice, the Office of Juvenile Justice and Delinquency Prevention, the Office for Victims of Crime, and the Office of Sex Offender Sentencing, Monitoring, Apprehending, Registering, and Tracking (SMART). Points of view or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.



Institute for Intergovernmental Research® (IIR), Post Office Box 12729, Tallahassee, FL 32317-2729, www.iir.com

©2018 All rights reserved.



You are subscribed to the VALOR Digital Dispatch.

