## **NOT TODAY**

I WILL NOT come to work sleepy or tired. Sleep deprivation has been proven to diminish reaction times and interfere with my decision-making processes.

I WILL NOT let any person gain the advantage by placing me in a poor tactical position during any contact, no matter how innocent the situation may seem.

I WILL NOT ignore the danger signs that may be present during street encounters. I will not take shortcuts with my safety or the safety of my fellow officers. I will pay attention to my gut feelings and be aware of the little things that can precede the big ones. I will not allow myself to be hurried into making a fatal mistake.

I WILL NOT allow any person to gain the advantage by failing to watch his or her hands and feet. I recognize that a subject can injure me just as quickly with his or her feet as with his or her hands.

I WILL NOT conduct poor or incomplete searches. I recognize that deadly weapons have become smaller and smaller, and if I find one weapon, I need to look for another. I will never assume that someone else has done a thorough search—never.

I WILL NOT search first and then handcuff. I will always maintain the tactical advantage when handcuffing and be aware that since it may be the first physical contact with a subject, it may be the most dangerous to me. I will always cuff first and search second, unless agency policy demands otherwise.

I WILL NOT come to work with dirty or inoperative equipment, hoping that everything will be all right. I will have clean and functional equipment every time I work, and I will train to be proficient with my tools. I will wear my body armor every day; it may be uncomfortable, but so is thinking of my family trying to carry on without me.

l WILL NOT become
hypervigilant but will remain alert,
aware, and prepared. While on duty, I
will recognize that threats may come while
I am eating in a restaurant just as easily as
an armed robbery in progress. "Routine"
traffic stops are not complete until the subject
leaves the scene or is handcuffed, searched,
and secured in jail.

I WILL NOT let my ego place me or others at risk. I will recognize that, short of active shooter incidents, contact and arrest usually can wait until my backup officer has arrived. I understand that, most often, the longer that I can keep a catastrophic incident from occurring, the less chance there is that it will occur.

I WILL NOT be reckless or careless in the operation of my duty vehicle—be it a car, a horse, a motorcycle, an ATV, a boat, a helicopter, or an airplane. I am aware that officers die in vehicle crashes, and I am determined not to be one of them.

I WILL NOT be unprepared for off-duty encounters. I know that I am responsible for enforcing certain laws or ordinances while offduty and I do realize that I may be confronted with a life-threatening situation.

I WILL NOT assume anything during my tour of duty. I will not assume that the call is no longer in progress or that no one is armed just because my dispatcher told me so. I will remain alert, aware, and prepared.

I WILL NOT give up to ensure that I survive an incident. I will go to work every day believing that my attitude, diligence, and training will allow me to go home safely at the end of the day; it is the least that I can do for my fellow officers, my family, and myself.

I WILL NOT neglect my physical and mental wellness. I will strive to maintain control of my health and physical well-being. I am the only one standing in my way.

I WILL TODAY BE polite, professional, and prepared to perform my duties with utmost safety to me, my fellow officers, and the citizens I am sworn to protect.

I WILL GO HOME TODAY