VALOR Digital Dispatch provides officer safety-related articles, resources, upcoming VALOR trainings, new resources added to the VALOR Web Portal, and research studies that are relevant for the law enforcement community. The Dispatch is provided to all members of the VALOR Web Portal, www.valforblue.org. We encourage you to share this e-mail with other members of the law enforcement community.

Contact valor@iir.com to submit an article for consideration in the VALOR Digital Dispatch.

De-Escalation

**Police Break Down De-Escalation**
With magnified public events—such as the shooting of Michael Brown in Ferguson, Missouri—there is a greater emphasis on de-escalation. Police departments across the country are now developing new use-of-force policies and training officers to use de-escalation tactics. [Read more]

Active Shooter

**Increasing Your Options: Active Shooter Response**
For more than a decade, immediate action and rapid deployment (IARD) has become the universal technique used by law enforcement personnel to neutralize an active shooter. While IARD is the most widely accepted means of eliminating a threat, the unfortunate truth is that first responders will always be at a disadvantage in a large populated environment. Until an active shooter is eliminated, every area is considered a “hot zone,” and everyone in that area is an unknown. [Read more]
Mental Health

2016 Police Suicide: Collecting Data Is Easy
Collecting data has been easy; the more difficult task is collecting the stories, photos, memories, and emotions of the families involved. Unanswered questions, shame, stigma, and fear haunt the 98 law enforcement families whose loved ones completed suicide in 2016. What they all have in common is the desire to be able to grieve openly and speak about their loved ones’ deaths, not to stand in judgement of what others do not understand. Read more

Rescue Task Force

Five Tips to Form and Train a Rescue Task Force for Active Shooter Incidents
An effective rescue task force response to reduce active shooter casualties starts with planning and training between all public safety responders. Read more

Suicide by Cop

Suicide by Cop: Broadening Our Understanding
Suicide by cop (SBC) situations are more intense than any other suicide calls. All parties are armed, or the victim appears to be armed. The individual is active, rather than passive, and aggressive toward police officers or others. Despite its unique features, SBC fits the template of suicidal behavior as a planned outcome to an unfolding psychological process. Prevention and intervention are possible at the same points as in suicide by other means. Read more

Register for Training

• VALOR Officer Safety Executive Session | March 21, 2017 | Mesa, Arizona
• VALOR Essentials | March 21–23, 2017 | Mesa, Arizona
• VALOR Essentials | March 28–30, 2017 | Little Rock, Arkansas
• VALOR Essentials | April 4–6, 2017 | Jackson, Mississippi
• VALOR Essentials | April 12–14, 2017 | Havana, Florida
• VALOR Essentials | June 6–8, 2017 | Newberry, South Carolina
Save the Date:

- VALOR Essentials | May 2017 | Boys Town, Nebraska

**New on valorforblue.org**

**Spotlight on Safety—Defusing Difficult Encounters**

The BJA VALOR Program introduces the latest Spotlight on Safety! **Defusing Difficult Encounters** provides resources to help law enforcement officers understand some of the reasons for noncompliance in lawful encounters and strategies to positively impact the direction and outcome of many situations. Resources include an article, printable posters, podcasts, and other materials.

The **VALOR Program** has released an improved eLearning environment geared toward law enforcement officers, titled **VALOR for BlueLearning**. It provides access to online training modules, roll calls, and Webinar recordings. The five new modules that have been added this week include:

- **Roll-Call Training: Active Shooter Events—An Overview**
- **Online Training: Casualty Care—Tourniquets**
- **Roll-Call Training: Casualty Care—Recommended Equipment**
- **Online Training: Mental Health and Wellness**
- **Online Training: The Importance of Fitness for Law Enforcement Professionals**
**Share Your Story**

Do you have a story or an experience that you wish to share? Your personal story could be used to help other law enforcement officers! Examples of the kinds of stories we are looking for include:

- VALOR skills used in the field
- Assaults or injuries in the line of duty
- Strategies for officer safety, wellness, and resiliency

Use this form to give us a brief description of your experience, and we will follow up with you using your preferred method of contact. **The information you provide will not be made publicly available without consent.**

If you have any questions regarding the VALOR Program, please contact the help desk at [https://www.valorforblue.org/ContactUs.aspx](https://www.valorforblue.org/ContactUs.aspx). Unauthorized reproduction or redistribution of the VALOR Digital Dispatch is strictly prohibited.

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