



VALOR Digital Dispatch provides officer safety-related articles, resources, upcoming VALOR trainings, new resources added to the VALOR Web Portal, and research studies that are relevant for the law enforcement community. The Dispatch is provided to all members of the VALOR Web Portal, www.valorforblue.org. We encourage you to share this e-mail with other members of the law enforcement community.

Contact valor@iir.com to submit an article for consideration in the VALOR Digital Dispatch.



Survive and Thrive



Surviving in Silence: Mental Health and Stigma in Policing

According to the Mayo Clinic, stigma stems from a lack of understanding rather than information based on facts. To overcome stigma, it is important that those who suffer from mental illness learn to understand, accept, and determine what is needed to treat it. [Read more](#)

Community Policing



Community Policing Can Make Us All Safer

President Barack Obama has proclaimed October 2 through October 8, 2016, as **National Community Policing Week**. U.S. Attorney General Loretta Lynch discusses the need for law enforcement and communities to work together and the efforts of the U.S. Department of Justice to bridge the divide between law enforcement and the communities they serve. [Read more](#)

Uniform Crime Reporting Program



[Latest Crime Statistics Released](#)

The Federal Bureau of Investigation (FBI) released the annual compilation of crimes reported to its Uniform Crime Reporting (UCR) Program by law enforcement agencies from around the nation. ***Crime in the United States (2015)*** reveals a 3.9 percent increase in the estimated number of violent crimes and a 2.6 percent decrease in the estimated number of property crimes last year, when compared with 2014 data. [Read more](#)

Casualty Care



[Why First-Aid Is Lacking in the Moments After a Police Shooting](#)

What kind of aid are law enforcement officers supposed to give a suspect who has just been shot? What should officers do? Experts in policing agree that the way officers respond, or fail to respond, is often a problem; however, they say that such failures are not necessarily the fault of the officers and that law enforcement agencies are starting to address them. [Read more](#)

Tourniquet



[Learning to Apply a Tourniquet Stressed As Active Shooter Events Increase](#)

In the first 13 years of this century, 1,043 people were injured or killed in 160 active shooter events across the United States, generally involving a lone shooter and mass casualties. The vast majority of the 486 people killed bled to death, says Roger Bonin, Lincoln's Emergency Medical Services chief. According to Bonin's statistics, 91 percent of the victims died as a result of hemorrhage and 13 percent from external hemorrhage of an arm or a leg. [Read more](#)

Register for Training

- [VALOR Essentials | October 25–27, 2016 | Milwaukee, Wisconsin](#)
- [VALOR Essentials | November 1–3, 2016 | East Hartford, Connecticut](#)
- [VALOR Essentials | November 15–17, 2016 | Kansas City, Missouri](#)
- [VALOR Essentials | November 29 – December 1, 2016 | Parma, Ohio](#)
- [VALOR Essentials | December 6–8, 2016 | Lewiston, New York](#)

Save the Date:

- VALOR Essentials | February 2017 | Georgetown, Texas
- VALOR Essentials | February 2017 | Albuquerque, New Mexico
- VALOR Essentials | March 2017 | Phoenix, Arizona
- VALOR Essentials | March 2017 | Montgomery, Alabama
- VALOR Essentials | March 2017 | Little Rock, Arkansas

New on valorforblue.org



Spotlight
on Safety

Spotlight on Safety—Survive and Thrive

This Spotlight on Safety, [Survive and Thrive](#), provides resources to help law enforcement officers recover from critical incidents. Resources include printable posters, an officer's survival story, and other materials. In addition, VALOR has a variety of subject-matter experts in this field and is available to assist officers and agencies that have experienced a critical incident.



Don't miss this opportunity to learn how critical incidents impact the health and wellness of law enforcement officers and the resources that may be available to help you and your agency **Survive and Thrive!**

Register for the Webinar titled Officer Down: The Road Ahead, October 12, 2016, 2:00 p.m., ET.

Register Now!

If you have any questions regarding the VALOR Program, please contact the help desk at <https://www.valorforblue.org/ContactUs.aspx>. Unauthorized reproduction or redistribution of the VALOR Digital Dispatch is strictly prohibited.

IIR • Post Office Box 12729 • Tallahassee, FL 32317-2729 • www.iir.com
© 2016 Institute for Intergovernmental Research® All rights reserved.

This project was supported by Grant No. **2013-MU-BX-K001** awarded by the Bureau of Justice Assistance, Office of Justice Programs. The opinions, findings, and conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the U.S. Department of Justice.

You are subscribed to the VALOR Digital Dispatch.
If you no longer wish to receive the bulletin, you may

[Unsubscribe](#)