



VALOR Digital Dispatch provides officer safety-related articles, resources, upcoming VALOR trainings, new resources added to the VALOR Web Portal, and research studies that are relevant for the law enforcement community. The Dispatch is provided to all members of the VALOR Web Portal, [www.valorforblue.org](http://www.valorforblue.org). We encourage you to share this e-mail with other members of the law enforcement community.

Contact [valor@iir.com](mailto:valor@iir.com) to submit an article for consideration in the VALOR Digital Dispatch.

## Current Events

### Vest Wear



#### **[Georgia Officer Saved by Bullet-Resistant Vest](#)**

A Columbus, Georgia, police officer injured during a burglary investigation was shot in the vest, which deflected the bullet and protected him from more serious injury. [Read more](#)

### Health and Wellness



#### **[Why Care for Injured Officers Should Not Stop After a Debrief](#)**

When we speak of survivors in law enforcement, it is often about families that are left behind after an officer is killed in the line of duty. While it is our duty to honor and memorialize the officers who are lost and support their families, we must also honor and care for those who survive. [Read more](#)

## Officer Safety



### [Police Look for Ways to Improve Officer Safety](#)

The challenge of improving officer safety is to balance the need to engage the public through community policing while protecting officers from targeted attacks. [Read more](#)

## Post-Traumatic Stress Disorder (PTSD)



### [WebMD Special Report: Faces of PTSD](#)

Although a single traumatic incident can set off PTSD, so can chronic exposure to trauma, such as the distressing events that police officers, firefighters, and other emergency responders see repeatedly on the job. According to a study that looked at research on PTSD and police officers, approximately 7 percent to 19 percent of active-duty police officers have PTSD related to their work. The percentage would be even higher if it included officers who have post-traumatic stress but whose symptoms are not severe enough to make a formal PTSD diagnosis. [Read more](#)

## Ambush Attacks



### [Ambush Killings of Police Officers Has Hit a Ten-Year High](#)

With still half a month to go in 2016, the number of fatal ambush attacks on officers this year already exceeds the number recorded in any of the past ten years, according to data from the National Law Enforcement Officers Memorial Fund, an organization that tracks police fatalities. [Read more](#)

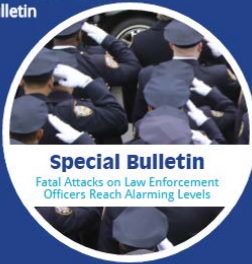
**Register** for  
Training

- [VALOR Essentials | February 14–16, 2017 | Georgetown, Texas](#)

### Save the Date:

- VALOR Essentials | February 2017 | Albuquerque, New Mexico
- VALOR Essentials | March 2017 | Phoenix, Arizona
- VALOR Essentials | March 2017 | Montgomery, Alabama
- VALOR Essentials | March 2017 | Little Rock, Arkansas

A BJA VALOR Initiative  
Bulletin



## [BJA VALOR Special Bulletin: Fatal Attacks on Law Enforcement Officers Reach Alarming Levels](#)

An unprecedented event is plaguing our nation as the number of law enforcement officers killed in the line of duty in 2016 reaches shocking levels. So far this year, 58 officers have been killed in the line of duty by gunfire; 20 were ambushed and killed, compared with 6 last year . . . that is more than a 300 percent increase in ambushes over the previous year. [\*Read more\*](#)



**Spotlight**  
on **Safety**

## [Spotlight on Safety—Vest Wear](#)

The BJA VALOR Program introduces the latest **Spotlight on Safety Campaign!** This Spotlight on Safety, **Vest Wear**, provides resources to help law enforcement officers understand the proper maintenance, care, and need for bullet-resistant vests. Resources include printable posters, a Bulletproof Vest Partnership video, and other materials.

If you have any questions regarding the VALOR Program, please contact the help desk at <https://www.valorforblue.org/ContactUs.aspx>. Unauthorized reproduction or redistribution of the VALOR Digital Dispatch is strictly prohibited.

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